

Pet sitter instructions template

For whoever is looking after them. Prints on two sides — fill in what applies, skip what doesn't.

THE BASICS

PET'S NAME

AGE

MICROCHIP NUMBER

WHERE THEY HIDE WHEN STRESSED

SPECIES / BREED

WEIGHT

COLOUR / MARKINGS

YOU, AND YOUR BACKUP

A second name matters more than people expect — phones die, and flights have no signal.

YOUR NAME

DATES AWAY (from → to)

BACKUP CONTACT NAME

YOUR PHONE

BEST WAY TO REACH YOU (call / text / WhatsApp)

BACKUP PHONE

FEEDING

Portions in cups or grams, not "a scoop". A scoop is not a unit.

TIME	WHAT	HOW MUCH	NOTES

MEDICATIONS

Include what it's for. A sitter who knows why is a sitter who notices when it stops working.

MEDICATION	DOSE	WHEN	WHAT IT'S FOR

THE DAY, IN ORDER

MORNING (wake, out, feed, meds)

MIDDAY

EVENING

OVERNIGHT (where they sleep, what's normal)

VET AND EMERGENCY

Write the after-hours number too. It is never the same as the day one.

VET CLINIC

VET PHONE

CLINIC ADDRESS

AFTER-HOURS / EMERGENCY VET

EMERGENCY PHONE

ARE YOU AUTHORISING TREATMENT, AND UP TO WHAT COST?

INSURANCE PROVIDER & POLICY NUMBER

HOUSE NOTES

☐ Where the food, leads and litter live

☐ Bins, plants, post

☐ Alarm code and how to disarm it

☐ Wi-Fi name and password

☐ Which rooms are off-limits

☐ Who else might turn up at the door

ANYTHING ELSE

FEARS, TRIGGERS, THINGS NOT TO DO

FAVOURITE GAME, TREAT, OR SPOT